

FOOD BANKS

Coulee City First Presbyterian -----509-632-5696
Ephrata -----509-754-5772
Grand Coulee Dam -----509-633-2742
Lind Sr. Center 2nd Harvest -----509-677-3620
Mattawa -----509-830-8655
Moses Lake -----509-765-8101
Moses Lake Sr. Opportunity & Service 2nd Harvest
-----509-765-7809
Othello -----509-488-6044
Quincy -----509-787-4963
Ritzville -----509-659-4449
Royal City -----509-346-2322
Salvation Army (food vouchers) -----509-766-5875
Soap Lake -----509-246-0164
Warden -----509-349-9999

SENIOR CENTERS & MEAL SITES

CONGREGATE & HOME DELIVERED

(Meals vary-please call for days and times.)

Coulee City Senior Center -----509-632-8701
Ephrata Senior Center -----509-754-2382
(Home Delivered Meals call Moses Lk. Sr. Center)
Grand Coulee Dam Area Seniors -----509-633-2321
H.E. Gritman Senior Center, Ritzville--509-659-1921
Lind Senior Center -----509-677-3620
(Home Delivered Meals call AACCW)
Moses Lake Senior Center-----509-765-7809
Othello Senior Center -----509-488-5700
(Home Delivered Meals call AACCW)
Quincy Senior Center-----509-787-3231
(Home Delivered Meals call Moses Lk. Sr. Center)
Royal Slope Seniors -----509-346-9482
(Home Delivered Meals call Moses Lk. Sr. Center)
Soap Lake Senior Center-----509-246-1913
Warden Senior Center -----509-349-9999
(Home Delivered Meals call Moses Lk. Sr. Center)
Washtucna Senior Center -----509-646-3485

SERVICES & GENERAL INFO.

Adult Family Homes----- www.eldercare.gov
Aging & Adult Care of Central Washington
Moses Lake Office -----509-766-2568 or 800-572-4459
Adams County Assessors ----- 509-659-3200
Apprisen (consumer credit)----- 800-355-2227
Department of Social and Health Services (DSHS)
 Customer Service -----877-980-9220
 Home & Community Services -----509-886-6140
 Adult Protective Services-----866-323-9409
 Medicaid Information -----800-562-3022
Eldercare Locator ----- www.eldercare.gov
Health Care Authority ----- 800-562-3022
Grant County Assessors ----- 509-754-2011, ext. 325
IRS Taxpayer Assistance ----- 800-829-1040
Mental Health Ombuds help line ----- 800-346-4529
Medicare Information ----- 800-633-4227
Medicare Fraud ----- 800-447-8477
OIC (community asst.-utility bills)----- 509-765-9206
Retired Public Employees Council of Washington
 Adams County----- 509-659-1289
 Grant County ----- 509-765-4122
Retired Senior Volunteer Program – RSVP
 Moses Lake ----- 855-853-7787
Salvation Army ----- 509-766-5875
SHIBA Hotline ----- 888-452-0731
Social Security/SSI Information ----- 800-772-1213
Volunteer Chore Services
 Adams Co ----- 509-647-5351
Washington State Legislative Hotline ---- 800-562-6000
Washington Health Plan Finder-----855-923-4633
WA Poison Control Center -----800-222-1222

TRANSPORTATION

Grant Transit Authority -----509-765-0898
People for People -----509-765-9249
Special Mobility Services -----800-892-4817
Volunteer Chore Services Adams Co---509-647-5351

LEGAL

Attorney General-----800-551-4636
CLEAR*SR -----888-387-7111
CLEAR -----888-201-1014
Human Rights Commission -----360-753-6770

EMERGENCY SERVICES

Adams Co. Sherriff (Ritzville)-----509-488-2061
Adult Protective Services ----- 1-800-459-0421
Alcohol & Drug Hotline -----800-252-6465
Comm. Counseling Svc. of Adams Co. 509-488-5611
Domestic Violence/Abuse -----800-799-7233
Emergency Management Adams Co. ---509-488-3704
Emergency Management Grant Co. ----509-762-1462
Grant Co. Crisis Line-----509-765-1717
Grant Co. Sherriff (Ephrata) -----509-765-2160
Personal Emergency Response System (PERS)
Available through AACCW -----800-572-4459
Salvation Army (Moses Lake)-----509-766-5875

ADDITIONAL RESOURCE GUIDES

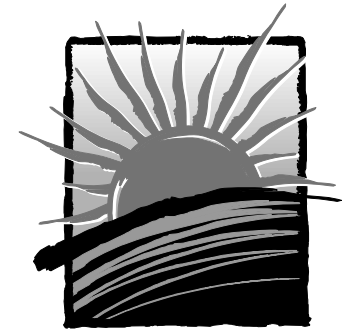
win211.org

WIN211 maintains a statewide database of community resources searchable on the internet or dial 211.

www.4people.org

Resource listings for Adams, Chelan, Douglas, Grant, Kittitas, Lincoln, and Okanogan Counties.

ADAMS- GRANT COUNTY RESOURCE GUIDE



Aging & Adult Care OF CENTRAL WASHINGTON

AACCW

1336 SOUTH PIONEER WAY, SUITE 103
MOSES LAKE, WA 98837
(509) 766-2568
(877) 380-5787
TTY: (800) 833-6388

www.aaccw.org



*Our mission is to enhance a
person's ability to maintain a
life of independence and choice.*

NURSING HOME & ASSISTED LIVING

Complaint Resolution Unit----- 800-562-6078
Long Term Care Ombudsman (LTC) -- 800-572-4459

Ephrata

Columbia Basin Hospital Nurs. Home 509-754-4631
Garden Oasis (AL) ----- 509-754-4631

Moses Lake

City View Residential (AL)----- 509-764-2690
Columbia Crest Care & Rehab Center - 509-765-6788
Emeritus at Hearthstone (AL) ----- 509-765-2121
Lakeridge Solana Memory Care ----- 509-765-7835
Monroe House (AL)----- 509-765-2200
Moses Lake AL Community (AL) ---- 509-762-9115
Summer Wood Alzheimer's Special Care Center
(AL)----- 509-764-1900

Quincy

The Cambridge Assisted Living ----- 509-797-9555

Othello

Avalon Care Center ----- 509-488-9609
Coventry House (AL)----- 509-488-1000

Ritzville

Life Care Center ----- 509-659-1600
Rose Garden Estates (AL) ----- 509-659-4717

Soap Lake

McKay Healthcare & Rehab Center --- 509-246-1111

HOME CARE AGENCIES

Beneficial In-Home Care----- 877-884-2776
Healthy Options----- 509-663-9585
In-Home Care of Central WA ----- 866-374-1421
ResCare of Washington. ----- 509-764-7530

RESPITE CARE

Aging and Adult Care of Central Washington
Respite Program AACCW ----- 800-572-4459

HEALTH/MEDICAL

Adams County Counseling Services (Alcohol & Drug)
Othello -----509-488-5611
Ritzville-----509-659-4357
Adams Co. Health District (Othello)-----509-488-2031
Assurance Home Health Care -----509-765-1856
Assurance Hospice -----509-766-2580
Alcohol and Drug Information -----866-789-1511
Columbia Basin Health- Othello -----509-488-5256
Columbia Basin Hospital, Ephrata-----509-754-4631
Community Health First-Medicare Advantage Plan
-----800-994-0247
Coulee City Medicine Clinic -----509-632-5701
Grand Coulee Medical Center-----509-633-1911
NAD - Nat. Assoc. of the Deaf-----800-214-3323
TDD Phone -----800-833-6388
Disabled Parking Decals -----360-902-3770
East Adams Rural Hospital & Clinic-----509-659-1200
Family Caregiver Support (AACCW) ----800-572-4459
Grant Co. Health District
Ephrata-----509-754-6060
Moses Lake -----509-766-7960
Grant County Mental Health
Moses Lake -----509-765-9239
Grand Coulee -----509-633-1471
Moses Lake Clinic -----509-764-6400
Moses Lake Community Health -----509-765-0674
Othello Community Hospital-----509-488-2636
Quincy Valley Hospital & Medical Ctr. ---509-787-3531
Ritzville Clinic-----509-659-1200
Quincy Valley Medical Center-----509-787-3531
Royal City Clinic-----509-346-1447
Samaritan Hospital, Moses Lake -----509-765-5606
Veteran's Administration Medical Center
Spokane-----509-325-7940
Washtucna Clinic-----509-646-3290
Washington Health Plan Finder-----855-923-4633

FOUNDATION GROUPS

Alcohol & Drug Hotline----- 800-252-6465
Alzheimer's Foundation ----- 866-232-8484
American Cancer Society ----- 800-227-2345
American Diabetes Association ----- 800-342-2383
American Heart Association ----- 800-242-8721
American Kidney Foundation ----- 800-638-8299
American Parkinson's Disease Assn.----- 800-223-2732
Arthritis Foundation----- 800-283-7800
Easter Seals Society of WA ----- 206-281-5700
Lilac Blind Foundation ----- 800-422-7893
Veteran's Suicide Hotline ----- 800-273-8255

SUPPORT GROUPS

Alcohol & Drug Hotline----- 800-252-6465
Alzheimer's Association ----- 866-272-3900
Domestic Violence/Abuse ----- 800-799-7233
Mended Hearts ----- 509-679-8181
Mental Health Crisis Line----- 509-488-5611

Relatives Raising Children- 800-261-1094 ext. 3051

DENTAL

Eastern WA. University Dental Hygiene -----
----- 509-368-6510
Moses Lake Community Health & Dental Care -----
----- 509-765-0674
Smile Quest (Warden) ----- 509-349-7420
Smile Quest (Royal City) ----- 509-346-2880
Smiles/Sonrisa Dental) ----- 509-766-9030
WSDA Outreach----- 206-973-5229

MEDICAL EQUIPMENT

Bellevue Healthcare----- 509-662-8700
Doane's Medical Equipment ----- 509-888-0444
KC Help (Knights of Columbus) ----- 509-888-3050
Norco Medical ----- 509-663-2137

HOUSING

Adams Co. Housing Authority ----- 509-488-3527
Grant County Housing Authority ----- 509-762-5541

Coulee City

Coulee City Garden Apt. ----- 509-632-8732

Ephrata

Basin Retirement Home ----- 509-754-5232
Ephrata Manor ----- 509-754-2286
Grand Coulee Senior Manor ----- 509-633-1190

Moses Lake

Chestnut Grove----- 509-766-1967
Lakeview Park Apt. ----- 509-765-8735
Moses Lake Estates ----- 509-765-1443
Pelican Horn Apts. ----- 509-765-7437
Pioneer Village Apts. ----- 509-764-7600
St. Martin's Court ----- 509-765-1955

Othello

Othello Housing Authority. ----- 509-488-5502

Quincy

Quincy Vista Apt. ----- 509-787-4659

Ritzville

Adams House----- 509-659-0401

Royal City

Royal Crest Apt. ----- 509-346-9709

Soap Lake

Camas Court----- 509-246-1364

Warden

Fairview Apts.----- 509-349-7182
Valley Green Apts. ----- 509-349-2679