

Information & Assistance

For Seniors, Disabled
Adults and Caregivers

Help such as:

- ✓ In-home care & chore assistance
- ✓ Medical and dental referrals
- ✓ Caregiver resources, training and support groups
- ✓ Information on housing and long term care facilities
- ✓ Transportation options
- ✓ Nutrition programs including home delivered meals
- ✓ Respite services for caregivers
- ✓ Help with prescription drugs
- ✓ Community Education and Awareness
- ✓ Acting on your behalf by intervening with agencies or individuals



*Extensive printed
Information on a wide
variety of topics is
available by mail.
Just Call us!*



Call the office nearest you:

**509-886-0700 or
1-800-572-4459**

Chelan, Douglas counties

**509-826-7452 or
1-888-437-4147**

Okanogan county

**509-766-2568 or
1-877-380-5787**

Grant, Adams and Lincoln counties

**Aging &
Adult Care**
OF CENTRAL WASHINGTON

50 Simon St. S.E., E. Wenatchee, WA 98802

Visit our web site: www.aaccw.org

Aging and Adult Care
of Central Washington

Information & Assistance

**We Listen.
We Care.**

**We Connect You
to Services.**

*Your "connection" to the
community services
available to help you
maintain independence
and quality of life.
Helpful information
at no cost.*

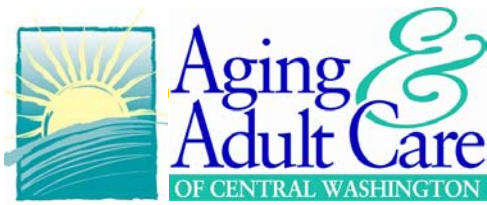
Call us toll-free at

**1-800-
572-4459**

Or visit our
offices in
East
Wenatchee,
Moses Lake
or Omak



**Aging &
Adult Care**
OF CENTRAL WASHINGTON



Information & Assistance

We understand that searching for and finding community resources is not always easy.

To help North Central Washington seniors and their caregivers, the Aging and Adult Care Senior Information and Assistance program is committed to helping provide access to a full range of services and resources.

"I&A" Advocates help you find the best solution for your needs by giving you information, and then assisting you through the process. We connect you to public, private and non-profit services.

We help you find the options; the choices are yours.

Just one call can connect you!



How can you find resources that make it easier to take care of your aging mother?

What services are available to help someone with disabilities continue to live at home?

Where can you find help in getting prescription medications or paying for them?

How do you create a living will? What if you can't afford an attorney?

Is there any program that can help with the cost of home repairs or needed medical equipment?

What services or assistance is available for a for Grandparent or Relative raising children?



Have a question?

Just call to speak to an I&A Specialist, ask for a home visit or visit our web site for further information.

All communication is confidential whether over the telephone, in person or by mail.

**Contact
Information
& Assistance
today!**

Offices open Monday through Friday, 8am to 5pm

Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties