AGING & ADULT CARE OF CENTRAL WASHINGTON (AACCW) ADVISORY COMMITTEE MEETING November 15, 2018

MINUTES

OPENING

Members in Attendance

Judy Gladden, Eloise Hurst, Dale Lathrop, Marylu Martin, Geneva McCoy Jardine, Kathleen Miller, Peggi Moxley, Nora Pace, Angie Padron, Janel Rieve, Sally Siegel, Judith Tonseth, Dean Warren, Ellen Warren, James Wilson, Leanne Wilson

AACCW Staff

Bruce Buckles, Ken Sterner, Debbie Peterson, Tammy Harvey, Erin Nelson, Diane Tribble, Jill Dempsey

Guests

Deb Murphy and Ivan Schultz

MINUTES

Kathy Miller moved that the September 20, 2018 minutes be approved. Marylu Martin seconded, and the motion carried.

REPORTS

State Council on Aging—Peggi Moxley reported on the SCOA meeting she attended on 11/13/18. Topics discussed included: the Dementia Action Collaborative requests for funds to provide training to primary care physicians on early detection and treatment; multiple bills concerning guardianship that may be merged; a report from ALTSA concerning the workplace shortage of NACs and HCAs and status of the MAC/TSOA programs; housing and homelessness issues; and announcement that the Senior Lobby date will be Tuesday, February 19, 2019.

<u>Legislative Committee</u> – Ken Sterner discussed a recent W4A meeting that included a review of the following legislative issues: indexing of the case management ratio to the inflation rate; request for dementia funding for raising awareness, outreach, and primary care best practices; and the Long-term Care Trust Act. Ken also discussed the plans in behavioral health to develop additional community supports for housing, supported employment, and outpatient services. Western State Hospital remains open

but with only state funding and Eastern State Hospital continues with federal and state funding. Ken reminded the members of the Town Hall meeting later today at 4:30 PM at AACCW.

Membership/Training— Marylu reported that there are currently 8 openings on the Advisory Committee with two (2) openings in Adams, Douglas and Okanogan Counties and one (1) opening in both Chelan and Lincoln Counties. There was a discussion about what has been done to publicize openings in the past and what other methods could be added for recruitment efforts. This conversation will be continued in the February meeting. Two members, Janel Rieve and Barbara Berry's terms are up this month. Janel Rieve agreed to extend to a 3rd term. Leanne Wilson made a motion to recommend Janel Rieve for a 3rd term. Geneva McCoy Jardine seconded, and the motion carried. The committee will discuss a term extension with Barbara Berry when she returns from Arizona in the spring. Training ideas for 2019 include: Heart Health (Janet Mano, RN for February-Heart month), Fall Prevention, Emergency Medical Services (Lifeline), Health Alliance (Jessica), Personal Emergency Response Systems (Link to Life), Aging Gracefully, Depression and Behavioral Health for seniors, RSVP (Karen Bruggman), Five Wishes, and Social Media (Twitter and Facebook)-how to use.

<u>Special Projects Committees</u>— Judy Tonseth reported that the Make a Difference Day project was very successful. People appreciated the baskets and the specific items in the baskets were just what people needed. The committee recommends they do this project again next year.

Quarterly Reports – were reviewed.

TRAINING

Tony Sandoval, Veterans Service Officer for Chelan County provided training on the multiple programs available to veterans and their family members.

NEW BUSINESS

Chair and Vice Chair Nominations—A motion was made by Geneva McCoy Jardine to elect Janel Rieve as Chair and Ellen Warren as vice chair for the 2019 calendar year. Kathy Miller seconded, and the motion carried.

Discretionary Fund requests— Dean Warren presented a \$1,323.28 request by Leavenworth Senior Center for a Commercial Refrigerator. The center has the remaining \$314.75 to cover the balance of the cost for this needed item. Geneva McCoy Jardine made a motion to approve this request. Shannon Davis seconded, and the motion carried.

Judy Gladden presented a \$1,847.73 request by OCTN for the Okanogan County Home Delivered Meal program for the following items: large electric thermal bags and reusable trays and lids. Geneva McCoy Jardine made a motion to approve this request. Marylu Martin seconded, Kathy Miller abstained, and the motion carried.

Monitoring Reports–Monitoring reports were reviewed for the nutrition programs at Othello Community Hospital and Lind Senior Center and for Personal Emergency Response contractor, Link to Life.

Operation Good Morning— Ivan Schultz provided information on a new program he plans to implement for people with dementia. This program is modeled after a program started at the Hebrew Home at Riverdale New York. Mr. Schultz would like volunteers to help him develop and implement this program and assist in seeking the needed funding. He would like to work under the umbrella of an existing not for profit organization.

Tender Loving Care (TLC) for Seniors Program—Kathleen Miller gave an update on the Chelan program and the recent \$5,000 grant award they received from the NCW Community Foundation. Community members can also contribute to this program through the givencw.org website. If they contribute on a Monday (Funday Monday), they may win the opportunity to designate how an additional \$500.00 donation will be distributed to the various programs who received grants this year and also get a \$25.00 gift certificate for themselves.

Meeting adjourned at 2:45 p.m.