

**AGING & ADULT CARE OF CENTRAL WASHINGTON (AACCW)
ADVISORY COMMITTEE MEETING
February 21, 2019**

MINUTES

OPENING

Members in Attendance

Shanon Davis, Linda Finley, Judy Gladden, Eloise Hurst, Kristy Longanecker, Marylu Martin, Geneva McCoy Jardine, Kathleen Miller, Nora Pace, Janel Rieve, Bill Riley, Judith Tonseth, Dean Warren, Ellen Warren

AACCW Staff

Ken Sterner, Debbie Peterson, Tammy Harvey, Erin Nelson, Diane Tribble, Jill Dempsey

Guests

Deb Murphy and Janet Sanger

MINUTES

Judy Tonseth moved that the November 15, 2018 minutes be approved. Shanon Davis seconded, and the motion carried.

REPORTS

State Council on Aging—No report as Peggi Moxley was not in attendance.

Legislative Committee – Ken Sterner discussed the poor weather and driving conditions that interfered with the trip to Olympia for Senior Lobby. It is now rescheduled for February 26th however there are no appointments scheduled. AACCW will arrange a separate trip for March 5th-6th. The details are not yet known but the group will likely leave the Wenatchee office at noon on 3/5/19, meet with legislators on the 6th and be back in Wenatchee between 6-7 PM that evening. Ken has started a list of people who will be in the group to include Bill Riley, Kathy Miller, Roy Fraticelli, Deb Murray, Josh Hamilton, Ken Sterner, Dr. Ross from Twisp (associated with Jamie's Place) and perhaps some Ombuds. Kristy Longanecker will check her schedule and let Ken know. Other's interested should let Ken know ASAP so travel arrangements can be finalized. People will be given an issues list and flyers to use as they meet with their respective district legislators.

Membership/Training– Marylu presented three applicants for membership: Janet Sanger from Adams County with a motion to recommend by Linda Finlay and seconded by Ellen Warren; Carleen Anderson from Okanogan County with a motion to recommend by Judy Tonseth and seconded by Shanon Davis; and Helen Casey from Okanogan County with a motion for recommend by Judy Gladden and seconded by Marylu Martin. All were approved and will be recommended for acceptance to the Council of Governments at their next meeting.

The training today is on Heart Healthy Living-Medication Management (Janet Mano). Future programs include: March- Fall Prevention (Karri Walker); May- Pain Management (Eloise Hurst); June- What to do when you live alone in an emergency (Lifeline Ambulance); August:-Health Alliance (Jessica Arroyo); September- Personal Emergency Response Systems (Lifeline); and November- Aging Gracefully (Marylu Martin). Other topics of interest include: dangers of over-the-counter drug abuse, physical activity, emergency evacuation, 5-Wishes Program, and RSVP (Karen Bruggman).

Tammy Harvey announced that there are new AC membership packets for people to take as they recruit for openings in their respective counties. Currently there are three (3) openings in Adams, one (1) opening in Chelan, two (2) openings in Douglas County, one opening in Lincoln, and two openings in Okanogan Counties. Tammy also passed around a district travel authorization form to sign. On behalf of Christine Johnson in fiscal who processes the A-20 invoice forms for travel reimbursement, members were requested to designate their round trip mileage.

Erin Nelson announced that Janel Rieve has accepted a staff Ombuds position for a new grant AACCW received for Victims of Crime Assistance (VOCA) services. Janel will no longer be able to be a member of the Advisory Committee but she can attend the meetings as staff. The Committee will need to nominate a new chairperson at the next meeting.

Special Projects Committees–Diane Tribble gave the report on the committee discussion concerning IP and homecare worker reporting standards and the shortage of IPs and homecare workers in our counties. They thought it would be good to have someone speak to the AC about the new standards and how they will affect clients and their families. Later Debbie Peterson said it's too early to have a presentation as the policies and changes are still being formulated. They also discussed distributing the Gatekeeper Brochures.

Quarterly Reports– were reviewed.

Monitoring Reports– Reports for Northwest Justice, In-Home Care of Central Washington, ResCare and Beneficial In-Home Care were reviewed. Letters acknowledging that corrective action plans were received and accepted for Link to Life and Beneficial In-Home Care were also reviewed.

TRAINING

Janet Mano, RN presented on medication management for heart healthy living.

NEW BUSINESS

Ken announced that AACCW will be moving to a new building sometime next year and there will be plenty of parking. He also reported that the state revenue will increase by 9% however costs to maintain the current programs have increased 12%.

Diane provided flyers for two upcoming Alzheimer Association education opportunities in East Wenatchee and Moses Lake entitled, “Dinning with Dementia”. She also left the newly updated Gatekeeper brochures for members to share in their communities.

Meeting adjourned at 2:00 p.m.