

**AGING & ADULT CARE OF CENTRAL WASHINGTON (AACCW)  
ADVISORY COMMITTEE MEETING  
August 16, 2018**

**MINUTES**

**OPENING**

Members in Attendance

Barbara Berry, Shanon Davis, Roy Fraticelli, Linda Finlay, Judy Gladden, Eloise Hurst, Peggy Kelly, Dale Lathrop, Marylu Martin, Kathleen Miller, Angie Padron, Maureen Reynolds, Janel Rieve, William Riley, Sally Siegel, Judith Tonseth, Dean Warren, Ellen Warren, James Wilson, Leanne Wilson

AACCW Staff

Bruce Buckles, Ken Sterner, Chris Johnson, Tammy Harvey, Erin Nelson, Diane Tribble, Jill Dempsey

Guests

Deb Murphy

**MINUTES**

*Ellen Warren moved that the June 21, 2018 minutes be approved. Linda Finlay seconded, and the motion carried.*

**REPORTS**

State Council on Aging—No report was given as Peggi Moxley was absent.

Legislative Committee —Bill Riley reported on the following topics; high senior suicide rate; Trust Act legislation; and the high cost of prescription medications. Ken Sterner reported on Western State Hospital losing their Medicare designation so they are no longer able to be reimbursed by this funding source. The state will end up having to cover the Medicare covered patient costs. Ken is still planning transportation options for attending the W4A and SCOA conference be held on October 10-11, 2018 in Tacoma. Members will be provided more details at the September meeting and a head count of those who plan to attend will be taken.

Membership Committee— Marylu Martin reported that five members are absent today and six openings still remain on the Advisory Committee. Members are reminded to RSVP for the meeting so that a good count for lunch will be available. Sally Siegel's term is up in November. She has

agreed to serve a 4<sup>th</sup> term. Kathy Miller made a motion to recommend Sally for a 4<sup>th</sup> term to the COG. Maureen Reynolds seconded, and the motion carried. The training today, that preceded the business meeting, was on the topic of senior health insurance by Dick Anderson, a volunteer with SHIBA. The training in September is not finalized but may be by Health Alliance or on VA programs. The Special Project committee suggested Karen Bruggman with RSVP. Eloise Hurst will present on the topic of Chronic Pain in November. Several people gave the opinion that having the program after the committee meetings and prior to the lunch break seemed to go well.

Special Projects Committee– Diane Tribble discussed a special project to implement for Make a Difference Day that is on October 27<sup>th</sup>. The project would be to make care packages that could be delivered by AC members in their region to AACCW clients. Case managers could identify clients with high needs who would be interested in receiving a care package. The AC could put together about 30 care packages next month. There was a discussion concerning what to put in the packages, the estimated cost for the items and obtaining donations to cover the cost. Putting the items in a colorful bucket was suggested. AC members could expand on this program in their county/community if interested by partnering with senior centers, service clubs, or churches to provide care packages to more seniors in need.

Quarterly Reports- Quarterly reports were reviewed and discussed.

### **TRAINING-**

Dick Anderson provided training on how seniors can save money by researching options for Medigap plans.

### **NEW BUSINESS-**

Monitoring Reports- Jill Dempsey reviewed the Corrective Action acceptance letters post monitoring reports to Okanogan Transportation and Nutrition and Grand Coulee Dam Senior Center.

Discretionary Fund Equipment Requests- Judy Gladden presented two requests from Okanogan County Meals Sites. Tonasket Senior Center requested a commercial can opener and food processor for a combined total of \$662.07. Okanogan Senior Center requested a 2-door reach-in freezer for \$2,166.09. Jim Wilson made a motion to approve both requests. Ellen Warren seconded. After discussion about the current

funding availability and the time remaining in the year to review and approve additional requests, a vote was taken and both requests were approved. Bill Riley requested 3 copies of the Discretionary Fund Equipment Request applications that he will deliver to Ephrata, Soap Lake and Quincy Senior Centers and these were provided.

Meeting adjourned at 2:00 p.m.